

Section A (Reading) Marks : 20

Q1.1. Answer any eight of the following questions on the basis of the passage you have read. 8m

a. Why did the author believe that nothing is wrong in Ayurveda?

Ans. The author believed that there is nothing wrong with Ayurveda because it a scientific, holistic medical discipline tried and tested over 5,000 years.

b. How is Ayurveda better than allopathy in curing diseases?

Ans. Ayurveda is better than allopathy in curing diseases because Ayurvedic formulations cannot be sold as over-the-counter non-prescription drugs.

c. How is a patient treated in Ayurveda?

Ans. A patient is treated in Ayurveda on an individual basis.

d. How is Ayurvedic formulation sold in the market?

Ans. Ayurvedic formulations are sold in the market only upon the prescriptions of the doctor.

e. Which is the eastern discipline which became famous in the West?

Ans. The eastern discipline which became famous in the West is the Ayurveda.

f. How is Ayurveda spoilt in the US to compete with allopathy?

Ans. Ayurveda is spoilt in the US to compete with allopathy by treating all patients as one and not tailor made as it should be.

g. How many Americans are not covered under the medical insurance?

Ans. Something around 45 million Americans are not covered under the medical insurance.

h. What are the Americans doing to make Ayurveda more attractive?

Ans. The Americans are artificially and dangerously boosting Ayurvedic drugs by steroids and other chemical stimulants so as to appear to act faster to keep pace with allopathic medication

i. What is the word which means the same as 'holds back' from para 1?

Ans. The word which means the same as 'holds back' from para 1 is 'suppresses.'

Q2.

2.1. On the basis of you reading of the passage, answer any four of the following questions in about 30-40 words each: 8m

a. What is worry compared to in the first paragraph?

Ans. Worry is compared to slow poison in the first paragraph. It is like cancer, AIDS, heart attack, blood pressure, diabetes which are like killers. People are advised to cure the mind before curing the body because a healthy body depends on a healthy mind.

b. What affects our mental health? How should we overcome them?

Ans. Emotions like futility, frustration, despair, anxiety, disillusionment, worry, fear, defeat, etc., are negative emotions and so they affect our mental health. Worry creates a very high degree of tension. We can overcome them with a cool and unruffled mind which functions at its maximum ability and efficiency.

c. What are the revelations of medical science in terms of anxiety?

Ans. The revelations in medical sciences are that arthritis, tooth decay, clenched jaws and screwed - up faces are the natural manifestations of anxiety. A blooming and healthy complexion can also be ruined by worries which affect the skin adversely, causing rashes, skin eruptions and pimples.

d. What do you understand by 'dualism' that is discussed above? Explain it in terms of anxiety.

Ans. Dualism that is discussed in the above passage is that everything has, day and night, life and death, good and bad. One must be realistic about one's viewpoint about life. If one is born one surely will die. Emotions or sentiments are all right but they need the rod of reason and realities at pragmatic level.

e. Why are children afflicted with worries?

Ans. Once a child is three years old he/she is pushed into a nursery, and a rat race begins which lasts throughout one's life. As the expectations of parents and competition with peer groups to achieve better results begin, it results into headaches which abound in children. So, irritability, tension, fear of failure, ridicule, self-hatred are reflected in them.

Q2.2. On the basis of your reading of the passage, fill in any two of the blanks with appropriate words/phrases. 2m

a. The effect of the negative emotions is great because

Ans. they affect our mental as well as physical health adversely but slowly.

b. Anxieties manifest themselves through

Ans. arthritis, tooth decay, clenched jaws and screwed - up faces.

c. The mother of all anxieties and worries is

Ans. worrying about tomorrow and yesterday.

Q2.3. Attempt any two of the following. Find out words which means the same as under: 2m

a. useless (para 2)

Ans. trivial

b. disappointments (para 4)

Ans. disillusionments

c. up till now (para 6)

Ans. hitherto

Section B (Grammar and Writing) Marks : 30

Q3. Ans.

a. **Article** - CONTENT - 5 marks

ACCURACY 1.5 marks

FLUENCY 1.5 marks

b. **Letter** - FORMAT 1 mark - sender's address, date, receiver's address, subject/heading, salutation and complimentary close.

CONTENT - 4 marks

ACCURACY 1.5 marks

FLUENCY 1.5 marks

Q4. Story writing TITLE 1mark

CONTENT - 4 marks

ACCURACY 2.5 marks

FLUENCY 2.5 marks

Q5. One mark for each correct answer with the option. Answer any four-in order.

- a. (ii) a
- b. (iii) gave
- c. (i) that
- d. (ii) said
- e. (iii) left

Q6. (One mark each answer. Answer any four-in order.)

Word before	<u>Missing word</u>	After word
a. Mr Brown	<u>did</u>	not
b. him	<u>to</u>	leave
c. hopes	<u>of</u>	seeing
d. There	<u>is</u>	a
e. it	<u>has</u>	something

Q7. (One mark each answer. Answer any four-in order.)

- i. Luke was a duke who grew tired of his duty and the boring schedule.
- ii. Luke decided to do something new.
- iii. He drew up a plan to sail to an island which was famous for its sand dunes.
- iv. The crew blew the bugle and off they set sail in the blue waters.
- v. On reaching the island the captain threw the anchor in his uniform.

Section C (Literature and long reading text) Marks : 30

Q8. (Answer any one set of questions. One mark for each correct answer.)

- a.
 - 1. Why was the nightingale terrified?
Ans. The nightingale was terrified because she was not confident of satisfying the frog and the audience.
 - 2. How did the nightingale die?
Ans. The nightingale died of over-exhaustion and a broken heart.

3. Which figure of speech is used in the first line?

Ans. The figures of speech used in the first line is alliteration-the repetition of the sound 't' in trembling and terrified.

4. What did the nightingale compare the frog to when it met it for the first time?

Ans. The nightingale compared the frog to Mozart when it met it for the first time.

b.

1. Why was Mrs Packletide annoyed?

Ans. Mrs Packletide was annoyed as she targeted the tiger but killed the bait, goat.

2. What was the discovery?

Ans. The discovery was that the tiger had died of a heart attack on listening to the sound of the firing/gun shot.

3. What is the word which means the same as 'upset' from the above extract?

Ans. The word which means the same as 'upset' from the above extract is 'annoyed'.

4. What are the names of the other two female characters from the extracted text?

Ans. The names of other two female characters for the extracted text are Loona Bimberton and Miss Lousia Mebbin.

Q9. (1 mark for content and 1 mark for grammatical accuracy)

All the answers **a to e** have to be written as per the Golden Reference Book or in own words with suitable value points.

Q10. (4 marks for content, 2 marks for fluency and 2 marks for grammatical accuracy)

The answer **a or b** has to be written as per the Golden Reference Book or in own words with suitable value points.

Q11. (5 marks for content, 2.5 marks for fluency and 2.5 marks for grammatical accuracy)

The answer **a or b** has to be written as per the prescribed book or in own words with suitable value points.